
Strath SJ, Kaminsky LA, Ainsworth BE, Ekelun U, Freedson PS, Gary RN, Richardson CR, Smith DT Swartz AM.

Circulation Oct 2013

This paper provides a scientific statement from the American Heart Association and provides an overview of methods for assessing physical activity, including Physical Activity Questionnaires. GENEActiv is listed in Table 5 as an Available Method to Assess Physical Activity: Accelerometers. Physical activity assessment should be considered a vital health measure that is tracked regularly over time. Physical activity status should be assessed regularly, in conjunction with other risk factors.

The complete abstract can be viewed or publication purchased by following the link:

http://circ.ahajournals.org/content/early/2013/10/14/01.cir.0000435708.67487.da.citation